COLUMBUS AQUATIC CENTER



1160 HUNTER AVE. 43201 645-3129

The Columbus Aquatic Center offers a wide variety of programs for all ages from 6 months old to senior citizens. The following information includes: class schedules, registration dates, program information, and costs for all programs. **ALL PRICES AND TIMES ARE SUBJECT TO CHANGE.** The Columbus Aquatic Center is located next to Thompson Recreation Center, two blocks west of North High Street and one block south of West Fifth Avenue.

OPEN SWIM (Recreational & Lap) 50¢ admission (2 case quarters required) Everyone 6 years of age or older are required to have a LEISURE CARD.

A parent or adult, at least 18 years of age and <u>in a swimsuit</u>, must accompany all children under the age of 8 years old. Parents of small children are required to supervise their children <u>in the water</u>. During each of our open swims there are two lanes set aside for lap swimming. Everyone must have a swimsuit in the pool area. Also, during our open swim times, we do not allow outside clothing on in the pool area. All infants are required to wear a swim diaper or rubber pants.

Normal Hours until Nov 2, 2013

Tuesday2:00 P.M. - 5:00 P.M.

Wednesday 2:00 P.M. - 5:00 P.M.

Thursday2:00 P.M. - 5:00 P.M.

Friday Morning Adults Only...10:00 A.M. - 12:00 P.M.

Friday Evening7:00 P.M. - 9:30 P.M.

Saturday......2:00 P.M. - 5:00 P.M.

Schedule beginning Nov 5, 2013 through Feb 15, 2014

Tuesday 1:00 P.M. - 3:00 P.M.

Wednesday 1:00 P.M. - 3:00 P.M.

Thursday 1:00 P.M. - 3:00 P.M.

Friday Morning Adults Only...10:00 A.M. - 12:00 P.M.

Friday Evening7:00 P.M. - 9:30 P.M.

Saturday 2:00 P.M. - 5:00 P.M.

2013-2014 SPECIAL DATES

| TUESDAY | SEPTEMBER | 3 | FALL 1 REGISTRATION | BEGINS |
|----------|------------|----|--------------------------|------------------------------|
| MONDAY | OCTOBER | 7 | FALL 2 REGISTRATION | BEGINS |
| MONDAY | OCTOBER | 14 | DOLUMBUS DAY | CLOSED |
| MONDAY | NOVEMBER. | 4 | FALL 3 REGISTRATION | BEGINS |
| THURSDAY | NOVEMBER . | 28 | THANKSGIVING DAY | CLOSED |
| FRIDAY | NOVEMBER | 29 | THANKSGIVING BREAK | CLOSED |
| SATURDAY | NOVEMBER | 30 | THANKSGIVING BREAK | NO LESSONS - OPEN SWIM 2-5PM |
| MONDAY | DECEMBER | 2 | WINTER 1 REGISTRATION | BEGINS |
| TUESDAY | DECEMBER | 24 | CHRISTMAS EVE | CLOSED |
| WEDNESDA | YDECEMBER | 25 | CHRISTMAS DAY | CLOSED |
| FRIDAY | DECEMBER | 27 | NO OPEN SWIM 7:00-9:30PM | |
| SATURDAY | DECEMBER | 28 | NO OPEN SWIM 2:00-5:00PM | |
| TUESDAY | DECEMBER | 31 | NEW YEAR'S EVE | CLOSED |
| WEDNESDA | YJANUARY | 1 | NEW YEAR'S DAY | CLOSED |
| MONDAY | JANUARY | 6 | WINTER 2 REGISTRATION | BEGINS |
| SATURDAY | FEBUARY | 1 | NO OPEN SWIM 2:00-5:00PM | |
| MONDAY | FEBUARY | 3 | WINTER 3 REGISTRATION | BEGINS |
| MONDAY | MARCH | 3 | SPRING 1 REGISTRATION | BEGINS |
| MONDAY | APRIL | 7 | SPRING 2 REGISTRATION | BEGINS |
| | | | | |

LEARN-TO-SWIM CLASSES

Below is a list of our Learn-To-Swim classes. We have classes for all ages throughout the week, American Red Cross Water Safety Instructors teach all of our classes. You will be tested the first day of class to determine which course level you will be assigned. Fees for Learn-To-Swim classes are \$30.00 for residence and \$35.00 for non-residence.

INFANT AND TODDLER CLASS

This class is for children 6 to 35 months of age and requires a parent or guardian to participate in the water. This course is intended to develop in young children a comfort level in and around the water as well as readiness for learning to swim. **Each Infant must wear a water diaper or rubber pants.**

3 - 6 YEAR OLD'S

This class is for children 3 years of age up to 6 years of age. In this course the children will learn basic water adjustment and breathe control. More advanced students will work to improve already developed skills such as arm strokes and breathing.

6 YEARS & UP

This class is for children 6 years of age and up. Children will be placed in one of the six levels of the Learn-To-Swim program depending on their skills pre-test.

ADULT CLASSES

This class is for adults 18 years of age and older. Participants will be taught in small groups based on experience and goals. Participants will be given more one-on-one time with instructors to maximize learning.

REGISTRATION INFORMATION

The Aquatics Center has gone to ONLINE registration. Go to http://activenet.active.com/columbusrecparks/ to create your account. Everyone wanting to register for a class must have an account with ACTIVENET.

Fees for Learn-To-Swim classes are \$30.00 for residents and \$35.00 for non-residents.

Payment is required at the time of registration and will be accepted in person or over the phone. Patrons who register by phone will be required to pay with a VISA or Master Card. We will not accept any registrations left on the voicemail.

The City of Columbus charges a \$25.00 return check charge for all checks returned.

2013 – 2014 Online Registration Dates – The FIRST Monday of the month (unless holiday)

FALL 1: Tuesday September 3, 2013, 9:00 a.m.

Register online @ http://activenet.active.com/columbusrecparks
Or in person at the Aquatic Center during normal programming times.

FALL 2: Monday October 7, 2013, 9:00 a.m.

Register online @ http://activenet.active.com/columbusrecparks

Or in person at the Aquatic Center during normal programming times.

FALL 3: Monday November 4, 2013, 9:00 a.m.

Register online @ http://activenet.active.com/columbusrecparks

Or in person at the Aquatic Center during normal programming times.

ALL DAYS AND TIMES ARE SUBJECT TO CHANGE.

REFUND POLICY

- 100% refund will be given if you withdraw from a class before its start date
- 50% refund will be given if you withdraw from a class before the second class
- No refund will be given after the 2nd class

CLASS SCHEDULE FALL 1, 2, & 3

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| Sept 3 | SATURDAY | SEPT 28 | NOV 2 12:30 pm # TBD |
| Fall 2: | THESDAY / THIRSDAY | OCT 20 | NOV 21 10:30am # TBD |
| | | | DEC 21 10:30am # TBD |
| Register | | | |
| Oct 7 | | NOV 9 | DEC 21 12:30 pm # TBD |
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FITNESS PROGRAMS

Adult Aerobics Classes

ADULT WATER AEROBICS

CLASS # TBD- MORNINGS \$15 Resident/\$17 Non-Resident CLASS # TBD - EVENINGS \$10 Resident/\$12 Non-Resident

LEISURE CARD REQUIRED FOR ALL PARTICIPANTS- *No Registration Required. 50 cents per visit or REGISTER AND SAVE!* **\$15 for morning class, \$10 for evenings**. Adults perform shallow water exercise under the supervision and guidance of one of our instructors. This aerobics class is of medium intensity and works all areas of the body. **Everyone over the age of 18 is welcome to participate.**

TUESDAY THURSDAY FRIDAY 9:00 A.M. TUESDAY THURSDAY 6:00 P.M.

SENIOR WATER AEROBICS

\$1.00 per class or \$12.00 per Session

Session dates:

Adults perform shallow water exercises under the supervision and guidance of one of our instructors. This aerobics class is a low resistance, low impact program that stretches all areas of the body. **Registration required on the day of class.**MONDAY

WEDNESDAY

10:00 A.M.

DEEP WATER AEROBICS – 10 WEEK SESSION

\$20 Resident / \$22 Non-Resident Fee

Session dates: October *7/16 – Dec 16/18 *No class Oct 14, 2013

CLASS # TBD – MONDAYS

CLASS # TBD - WEDNESDAYS

Adults perform deep water exercises under the supervision and guidance of one of our instructors. This aerobics class is a high resistance, high effort program that stretches and works all areas of the body.

MONDAYS 11:00 A.M. WEDNESDAYS 11:00 A.M.

ADULT LAP SWIMMING

MORNING MASTERS SWIM* 11 WEEK SESSION \$25 Resident/ \$30 Non-Resident Fee Session dates: October 1 – December 19 *No class 11/28

CLASS # TBD

For those early risers who look to get their laps at the start of their day, this is just your opportunity. Follow one of the workouts provided, or make your own. This is geared for all levels of fitness lap swimmers.

TUESDAYS THURSDAYS 6:30 AM – 9:00 AM

EVENING MASTERS SWIM** 11 WEEK SESSION \$

\$25 Resident/ \$30 Non-Resident Fee **No class 11/27 & 11/29

<u>Session dates: October 2 – December 20</u> CLASS # TBD

technique. No previous competitive experience required

This is not just lap swimming, but a competitive workout for adults who want to stay in shape or improve their stroke

WEDNESDAYS FRIDAYS 6:00 PM - 7:00 PM

MORNING & EVENING MASTERS SWIM**

\$45 Resident / \$50 Non-Resident Fee

Session dates: October 1 – December 20

**No class 11/27 - 11/29

CLASS # TBD

Enjoy the opportunity to adjust your swim to your weekly schedule, join us before work, after work or both at a reduced rate **TUESDAYS**6:30 AM - 9:00 AM

WEDNESDAYS FRIDAYS 6:00 PM - 7:00 PM

YOUTH LAP SWIMMING

STROKE CLINIC** 11 Week Session

\$25 Resident / \$30 Non-Resident Fee

Session dates: October 2 – December 20

**No class 11/27 & 11/29

CLASS # TBD

This class is for young competitive swimmers who want to keep in shape or improve their stroke technique. This class is for kids 6 to 18, all participants must be able to demonstrate skills equivalent to Level 4 of the Red Cross Learn-To-Swim program.

WEDNESDAYS FRIDAYS 5:00 PM - 6:00 PM